

STARTERS

<b>creole soul chicken</b> .....	9
Our signature soy chicken nuggets panko-breaded with Cajun and rosemary seasoning and fried. Served with hickory-smoked barbecue vidalia dressing.	
<b>barbecue buffalo wings</b> .....	15
Our famous soy wings marinated in a spiced citrus BBQ sauce. Side of vegan ranch and celery.	
<b>cajun fried shrimp</b> .....	8
Deep-fried soy shrimp seasoned with paprika. Served with vegan cocktail sauce.	
<b>spring rolls</b> .....	4
Two fried vegan rolls filled with cabbage, carrots and mushroom. Served with vegan duck sauce.	
<b>crab rangoon</b> .....	12
Deep-fried wontons filled with shredded soy crab, scallions and vegan cheese. Served with sweet chili dipping sauce.	
<b>dragonfly dumplings</b> .....	10
Three fried rice dumplings filled with shredded soy protein, carrots and cabbage. Served over mixed greens and soy-lime ginger dressing.	
<b>asian dumplings</b> .....	10
Three steamed spinach dumplings filled with shredded soy protein, carrots and cabbage. Served over mixed greens and soy-lime ginger dressing.	
<b>curry wings</b> .....	14
Soy chicken drumsticks and potatoes tossed in a sweet coconut curry sauce.	
<b>chicken and fries</b> .....	9
Two fried soy drumsticks from our southern fried chicken with french fries and a side of BBQ sauce.	
<b>grilled bourbon chicken</b> .....	9
Jerk-marinated soy chicken grilled over an open fire. Served with a side of sweet chili sauce.	
<b>collard green rolls</b> .....	9
Three fried rolls stuffed with sautéed collard greens and soy ham. Served with sweet chili dipping sauce.	
<b>edamame</b> .....	5
Steamed soy bean pods sprinkled with sea salt.	
<b>caribbean jerk-spiced seitan</b> .....	9
Grilled seitan skewers marinated in a spiced lime-citrus dressing.	
<b>joanne’s 3-piece fried chicken</b> .....	9
Three fried soy drumsticks and a side of BBQ sauce.	


<b>popcorn chicken</b> .....	10
Fried soy chicken nuggets served with our homemade BBQ sauce.	
<b>chicken satay</b> .....	10
Skewered soy chicken grilled and marinated in coconut curry seasoning. Side of peanut chili sauce.	
<b>fried zucchini and tofu</b> .....	11
Lightly battered and fried tofu and zucchini. Side of spicy scallion and sesame Korean sauce.	
<b>bamboo nuggets</b> .....	10
Garlic soy chicken nuggets fried and served with vidalia onion sauce.	
<b>almond coconut chicken</b> .....	11
Crispy soy chicken strips breaded with toasted almonds and shaved coconut. Served with sweet chili dipping sauce.	
<b>popcorn shrimp</b> .....	9
Fried bite-sized soy shrimp. Side of Sriracha mayo.	
<b>roti canai</b> .....	6
Indian crepe served with a soy chicken and potato coconut curry dipping sauce. Extra crepe.....4	
<b>seoul pancake</b> .....	12
Fresh bell peppers, scallions and carrots mixed in a traditional Korean batter.	
<b>chicken or fish tacos</b> .....	12
Tempura battered soy chicken or soy fish topped with tomatillo salsa and pickled slaw on corn tortillas. Served with a side of guacamole and spicy mayo.	
<b>FRIED RICE</b> sub for brown rice + \$1	
<b>garlic fried rice</b> .....	10
Traditional Filipino recipe sautéed with white rice, diced cloves of garlic and scallions.	
<b>ginger chicken fried rice</b> .....	14
Ginger marinated soy chicken sautéed with white rice, diced scallions, zucchini, yellow squash, red and yellow bell peppers.	
<b>vegetable fried rice</b> .....	12
White rice sautéed with onions, zucchini, yellow squash, red and yellow bell peppers.	
<b>pineapple seafood rice</b> .....	14
White rice sautéed with zucchini, scallions, red and yellow bell peppers, yellow squash, pineapple, soy fish, scallops, crab and shrimp.	

HEROES

+ fries or salad for \$4

<b>chicken or eggplant parmesan hero</b> .....	14
Your choice of breaded and fried soy chicken cutlets or eggplant, NUMU mozzarella cheese and our sweet basil marinara sauce. Served on toasted hero bread.	
<b>philly cheese steak</b> .....	14
Sliced soy beef sautéed with onions, BBQ and Daiya cheddar cheese. Served on toasted hero bread.	
<b>barbecue steak hero</b> .....	14
Citrus-marinated chunks of soy beef sautéed with onions, mushrooms and Daiya cheddar cheese. Served on toasted hero bread.	
<b>SALADS</b> + protein for \$3	
carrot ginger, balsamic vinaigrette, sesame teriyaki, ranch	
+ grilled lemon herb soy chicken.....	3
+ grilled jerk-marinated soy chicken.....	3
+ breaded and fried soy chicken .....	3
<b>house salad</b> .....	11
Mesclun mix, cherry tomatoes, shredded carrots, cucumbers and mushrooms. <b>Your choice of dressing.</b>	
<b>kale salad</b> .....	10
Raw kale chopped and tossed with diced red onions, red and yellow peppers and our homemade lemon-citrus dressing.	
<b>caesar salad</b> .....	14
Whole leaf romaine lettuce topped with Caesar dressing, homemade garlic croutons and vegan parmesan cheese.	
<b>greek salad</b> .....	14
Seasonal green leaf lettuce, cherry tomatoes, red onions, cucumbers, kalamata olives and vegan feta served with our tangy lemon herb vinaigrette.	
<b>cobb salad</b> .....	14
Iceberg lettuce wedge, chopped tempeh bacon, cherry tomatoes, cucumbers and crumbled vegan blue cheese with a side of ranch dressing.	
<b>grilled jerk chicken salad</b> .....	14
Grilled jerk-marinated soy chicken served over mesclun mix, cherry tomatoes, shredded carrots, mushrooms and cucumber. <b>Your choice of dressing.</b>	
<b>fried chicken salad</b> .....	14
Mesclun mix, cherry tomatoes, shredded carrots, cucumbers and mushrooms topped with breaded and fried soy chicken. <b>Your choice of dressing.</b>	

SANDWICHES

<b>bamburger</b> .....	7
Vegan soy beef burger with lettuce, tomato, pickles, sautéed onions and vegan mayo on a sesame bun.	
+ Daiya cheddar cheese.....	2
+ sautéed mushrooms.....	2
+ guacamole .....	2
+ organic tempeh bacon .....	3
+ fries or salad.....	4
<b>soul chicken sandwich</b> .....	12
Panko-breaded fried soy chicken nuggets with vegan mayo and vidalia dressing, lettuce and tomato. Served on ciabatta bread with fries or salad.	
+ Daiya cheddar cheese.....	2
+ sautéed mushrooms.....	2
+ guacamole .....	2
+ organic tempeh bacon .....	3
<b>chicken cutlet sandwich</b> .....	12
Two breaded fried soy chicken cutlets with dijon mustard, vegan mayo, lettuce and tomato. Served on ciabatta bread with fries or salad.	
+ Daiya cheddar cheese.....	2
+ sautéed mushrooms.....	2
+ guacamole .....	2
+ organic tempeh bacon .....	3
<b>classic blt</b> .....	12
Organic tempeh bacon, lettuce, tomato and vegan mayo on whole wheat bread with fries or salad.	
+ Daiya cheddar cheese.....	2
+ sautéed mushrooms.....	2
+ guacamole .....	2
<b>pulled pork sandwich</b> .....	14
Shredded smoked BBQ soy pork, sautéed with caramelized onions and sliced pickles on a sesame bun with fries and coleslaw.	
<b>chicken gyro</b> .....	14
Grilled lemon herb soy chicken topped with lettuce, diced tomatoes, red onions, cucumber and vegan tahini sauce on pita bread. Served with fries or salad.	
<b>breakfast sandwich</b> .....	14
Two organic vegan eggs on ciabatta bread with Daiya cheddar cheese. Choice of vegan sausage patties or tempeh bacon. Side of tater tots.	
<div><div></div><div><div>ORDER ONLINE, VIEW DESSERT SPECIALS, VEGAN WINE AND BEERS.</div><div></div></div></div>	

VEGETABLE ENTRÉES

**teriyaki vegetable stir fry** ..... 14  
Zucchini, mushrooms, broccoli, squash, carrots and cauliflower sautéed in a sweet teriyaki glaze. Side of brown or white rice.  
+ soy chicken, beef, shrimp, tofu or seitan... 3

**black bean ginger stir fry** ..... 14  
Zucchini, mushrooms, broccoli, squash, carrots, cauliflower and Cantonese black beans sautéed in a chili ginger glaze. Side of brown or white rice.  
+ soy chicken, beef, shrimp, tofu or seitan ... 3

**red curry tofu** ..... 15  
Tofu sautéed with eggplant, snap peas, green beans, red and green peppers in a mildly spicy Thai red curry sauce. Served with a side of white or brown rice.

**eggplant parmesan** ..... 14  
Lightly seasoned breaded eggplant smothered in a sweet basil marinara sauce. Served with garlic toast and melted NUMU mozzarella cheese.  
+ pasta with marinara ..... 4

**vegetable tempura** ..... 15  
Broccoli, cauliflower, eggplant, mushrooms, sweet potatoes, onions and peppers fried in a traditional tempura batter. Side of soy-lime ginger dressing.

NOODLES AND PASTA

**veggie lo mein** ..... 12  
Vegan noodles sautéed with zucchini, squash, snap peas, carrots and broccoli.  
+ soy chicken, beef, shrimp, tofu or seitan ... 3

**spaghetti and meatballs** ..... 14  
Soy meatballs over a bed of pasta smothered in our special marinara sauce and served with garlic toast.  
+ extra soy meatballs (6) ..... 4

**macaroni and cheese**..... 11  
Elbow macaroni with melted Daiya cheddar cheese.  
+ organic tempeh bacon ..... 3  
+ broccoli..... 3

**teriyaki chicken bowl** ..... 15  
Stir-fried with broccoli, snap peas, carrots, zucchini and teriyaki chicken. Served over vegan pasta and topped with sesame seeds.

**pasta carbonara** ..... 16  
Linguine with organic tempeh bacon, tossed in our vegan parmesan butter cream sauce.

**rigatoni bolognese**..... 16  
Rigatoni pasta tossed in a slow cooked sauce of tomatoes, minced vegan soy beef and herbs.

MAIN COURSE

**creole soul chicken** ..... 15  
Panko-breaded fried soy chicken with Cajun and rosemary seasoning. Served with garlic mashed potatoes and gravy, steamed carrots, broccoli and corn on the cob.

**spicy chicken with broccoli** ..... 16  
Wok fried soy chicken with fresh chilies, peanuts, broccoli and red and green bell peppers. Served with white or brown rice.

**sweet and sour chicken** ..... 16  
Battered soy chicken sautéed with onions, pineapples, lychees, carrots, green and red bell peppers. Served with white or brown rice.

**mango chicken**..... 16  
Slices of mango, grilled soy chicken, red onions, red and green bell peppers sautéed in a mildly spicy citrus sauce served with a side of white or brown rice.

**bamboo curry chicken**..... 15  
Sautéed soy chicken and potatoes marinated in a sweet Indian coconut curry sauce. Served with steamed zucchini, yellow squash, broccoli, cauliflower, carrots and white or brown rice.

**cashew chicken**..... 16  
Soy chicken chunks sautéed with carrots, broccoli, red and green bell peppers, cashews and a side of white or brown rice.

**barbecue ribs** ..... 15  
Flame-grilled soy pork ribs served with a side of steamed carrots, broccoli, snap peas, garlic mashed potatoes and gravy.

**grilled bourbon chicken** ..... 15  
Jerk marinated soy chicken grilled and served over mixed greens with sautéed collard greens and white or brown rice.

**szechuan beef** ..... 15  
Mildly spiced soy peppered beef sautéed with Chinese chilies, broccoli, red and green peppers. Served with a side of white or brown rice.

**southern fried chicken** ..... 17  
Herb-breaded soy chicken breast and two drumsticks served with your choice of 2 sides:  
• sweet potato fries • collard greens with ham • salad  
• french fries • mashed potato • coleslaw

**ginger beef** ..... 14  
Marinated soy beef stir-fried with garlic, scallions, sliced ginger, carrots and sugar snap peas. Served with a side of white or brown rice.

sub garlic fried rice + \$3 or veggie rice + \$4

**tonkatsu chops** ..... 14  
Deep fried gluten pork chops served with a side of garlic mashed potatoes and steamed carrots, broccoli, squash, zucchini and cauliflower. Served with a side of tonkatsu sauce.

**thai beef curry** ..... 16  
Massaman sweet coconut milk curry with a zip. Shredded soy beef simmered with slow cooked potatoes, carrots and green beans. Served with white or brown rice.

**chicken parmesan** ..... 14  
Breaded soy chicken cutlets topped with NUMU mozzarella cheese and a tomato basil marinara sauce. Served with a side of garlic toast.  
+ pasta with marinara ..... 4

**sizzling pepper steak platter** ..... 16  
Black pepper soy steak sautéed with mushrooms and red and green peppers on a hot plate. Topped with fried onion rings. Served with a side of white or brown rice.

**steak and potatoes** ..... 16  
Vegan soy steak served with vegan buttered fingerling potatoes and roasted garlic French beans topped with sliced almonds.

**butterfly soy chops** ..... 16  
Lightly breaded soy pork chops topped with roasted apples and raisins. Served with sautéed collard greens with soy ham and garlic mashed potatoes with gravy.

**sesame beef**..... 15  
Grilled soy beef strips topped with sesame seeds and a side of steamed carrots, snap peas and broccoli. Served with a side of white or brown rice.

**citrus beef**..... 14  
Citrus soy beef stir-fried with broccoli, red and yellow peppers, zucchini and yellow squash. Served with white or brown rice.

**dante’s cuisine** ..... 15  
Black pepper soy beef medallions sauteed in our fresh mushroom sauce. Served with broccoli, yellow squash, zucchini and garlic mashed potatoes and gravy.

**coconut chicken**..... 15  
Soy chicken delicately breaded with a crispy shredded coconut batter. Paired with flame grilled pineapple slices and a side of white or brown rice.

SIDES

gravy.....	2	collards with soy ham....	5
white rice.....	2	garlic mashed potato ....	5
brown rice.....	3	pasta with marinara .....	5
french fries.....	5	steamed veggies .....	5
garden salad .....	5	tater tots.....	5
sweet potato fries.....	5	organic vegan eggs.....	5
collard greens.....	5	onion rings.....	5

BEVERAGES

fresh ginger juice..... 5  
*choose 1 + choose hot or cold:*  
apple + lemon + ginger  
orange + lemon + ginger  
pineapple + lemon + ginger

coke • diet coke • sprite • ginger ale • root beer ..... 2  
roy rogers • shirley temple..... 4  
san pellegrino mineral water ..... 3  
san pellegrino lemon ..... 3  
san pellegrino orange ..... 3  
san pellegrino grapefruit ..... 3  
san pellegrino blood orange ..... 3  
bottled water ..... 2  
iced or hot tea ..... 3  
cranberry • apple • orange • pineapple • fruit punch .. 4

DESSERTS

vegan ice cream  
single 5 | double 8  
...

vanilla, chocolate, mint chocolate chip,  
strawberry, chocolate chip cookie dough, coffee



float  
9  
Two scoops of vegan ice cream topped with soda.



shake  
10  
Soy ice cream blended with organic soy milk.



new yorker  
11  
Shake topped with a scoop of vegan ice cream.