

STARTERS

barbecue buffalo wings 18

Our famous soy wings marinated in a spiced citrus BBQ sauce. Served with ranch and celery.

creole soul chicken 14

Our beloved fried soy chicken nuggets panko-breaded with Cajun and rosemary seasoning. Served with hickory smoked barbecue vidalia sauce.

cajun fried shrimp 11

Deep-fried soy shrimp seasoned with paprika. Served with cocktail sauce.

popcorn shrimp 12

Fried bite-sized soy shrimp. Served with Sriracha mayo.

spring rolls 8

Two fried rolls filled with cabbage, carrots and mushroom. Served with duck sauce.

crab rangoon 15

Deep-fried wontons filled with shredded soy crab, scallions and vegan cream cheese. Served with sweet chili sauce.

asian dumplings 14

Three steamed spinach dumplings filled with shredded soy protein, carrots and cabbage. Served with a side of mixed greens and soy-lime ginger sauce.

dragonfly dumplings 14

Three fried rice paper dumplings filled with shredded soy protein, carrots and cabbage. Served with a side of mixed greens and soy-lime ginger sauce.

fried zucchini and tofu 16

Served with spicy scallion and sesame Korean sauce.

edamame 7 GF

Steamed soy bean pods sprinkled with sea salt.

curry wings 17

Soy chicken wings and potatoes tossed in a sweet coconut curry sauce. Served with ranch and celery.

almond coconut chicken 15

Crispy soy chicken strips breaded with toasted almonds and shaved coconut. Served with sweet chili sauce.

chicken satay 15

Skewered soy chicken grilled and marinated in coconut curry seasoning. Served with peanut chili sauce.

caribbean jerk-spiced seitan 12

Grilled seitan skewered marinated in a spiced lime-citrus dressing.

collard green rolls 12

Three fried rolls filled with sautéed collard greens and soy ham. Served with sweet chili sauce.

grilled bourbon chicken 14

Grilled jerk-marinated soy chicken. Served with sweet chili sauce.

joanne's three piece 12

Three fried soy drumsticks served with BBQ sauce.

roti canai 10 🔥

Indian crepe served with a soy chicken and potato coconut curry dipping sauce.

+Extra crepe 5

portobello fritters 16

Breaded and fried portobello mushrooms served with vidalia onion sauce.

vegetable tempura 18

Broccoli, cauliflower, mushrooms, onions, sweet potatoes and peppers fried in a tempura batter. Served with soy-lime ginger dressing.

SANDWICHES

SERVED WITH FRIES, SWEET POTATO FRIES, SALAD, MASHED POTATOES, ONION RINGS OR TATER TOTS**chicken cutlet sandwich 16**

Two breaded fried soy chicken cutlets with dijon mustard, vegan mayo, lettuce and tomato. Served on ciabatta bread.

soul chicken sandwich 16

Our beloved soy chicken nuggets re-imagined with mayo and vidalia dressing, lettuce and tomato. Served on ciabatta bread.

classic blt 16

Tempeh bacon, lettuce, tomato and mayo. Served on ciabatta bread.

pulled pork sandwich 16

Shredded smoked BBQ soy pork, sautéed with caramelized onions and sliced pickles. Served on a sesame bun with a side of coleslaw.

ADD ANY TO YOUR SANDWICH

+sautéed mushrooms 4 +tempeh bacon 5
+cheddar cheese 4 +guacamole 4

TRY OUR

loaded fries 14
crispy french fries coated in vegan cheddar cheese, chopped bacon and scallions.

bamburger 11

Vegan soy beef burger with lettuce, tomato, pickles, sautéed onions and mayo on a sesame bun.

+sandwich side 6

+extra patty 6

HEROES

+ANY SANDWICH SIDE 6

chicken or eggplant parmesan hero 17
Fried soy chicken cutlets, mozzarella cheese and our sweet basil marinara sauce.

barbecue steak hero 17

Citrus-marinated soy beef sautéed with onions, mushrooms and cheddar cheese.

meatball sub 16

Tender soy meatballs cooked in our sweet basil marinara sauce and topped with mozzarella cheese.

SALADS

+GRILLED LEMON HERB SOY CHICKEN 6**+GRILLED JERK-MARINATED CHICKEN 6****+BREADED AND FRIED SOY CHICKEN 6****house salad 12 GF**

Mesclun mix, cucumbers, mushrooms, carrots and cherry tomatoes served with carrot ginger dressing.

kale salad 15 GF

Kale topped with diced red onions, cherry tomatoes, red and yellow peppers served with our lemon-citrus dressing.

caesar salad 17 GF

Whole leaf romaine lettuce, homemade garlic croutons and vegan Parmesan cheese served with Caesar dressing.

greek salad 18 GF

Seasonal green leaf lettuce, cherry tomatoes, red onions, cucumbers, kalamata olives and vegan feta served with our tangy lemon herb vinaigrette.

wedge salad 18 GF

Iceberg lettuce wedge, chopped tempeh bacon, cherry tomatoes, cucumbers and crumbled vegan blue cheese served with ranch dressing.

